



Acalanes High School



Who Is My Counselor?



Ms. Schonauer
A-Dr



Mrs. Todd
Du-Kr



Miss Meadows
Ku-Rog



Ms. Martin
Roh-Z

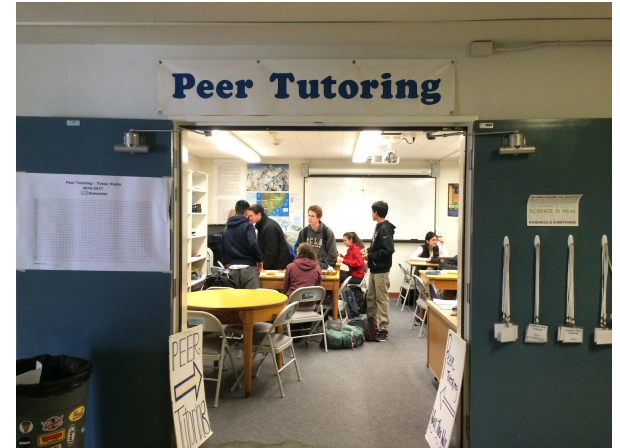
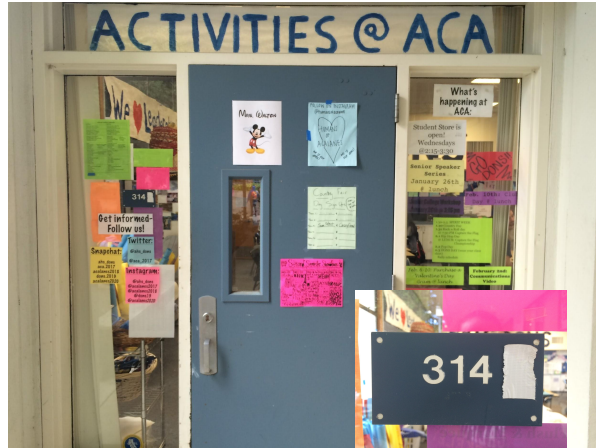
Acalanes IS a safe place!

- **Your counselors are always there to support you!**
- **Your teachers want to see you succeed!**
- **Making connections with adults will benefit you in your later HS years!**



Take advantage of your resources!

- Peer Tutoring
- Counselors
- Leadership
- Your teachers!
- Freshman Orientation
- Academy
- Wellness Center



Lastly... Advice from current high school students

- **Upperclassmen can and will be your best friends.**
- **Opening your locker isn't as hard as it seems.**
- **Freshman sit in the Back Quad.**
- ***DO NOT PROCRASTINATE***
- **Start your year off strong, start preparing early for finals.**
- **Pay attention to the credits you need to graduate.**
- **Plan ahead-- but don't stress (Map, planner, locker).**
- **Reach out if you ever need help! And stay informed.**
- **Participate in Homecoming Week!!!**

Course Selection 2022

Acalanes High School



**Bell schedule for next school year
will change
(no start times before 8:30am)**

Monday	Tuesday	Wednesday	Thursday	Friday
1st Period 8:35-9:20	1st Period 8:00-9:30	Staff/Collaboration 7:30-8:30	1st Period 8:00-9:30	Staff/Collaboration 7:30-8:30
9:20-9:25-Passing		8:30-8:35 - Passing		8:30-8:35 - Passing
2nd Period 9:25-10:10	9:30-9:40 - Passing	4th Period 8:35-10:05	9:30-9:40 - Passing	4th Period 8:35-10:05
10:10-10:15-Passing	2nd Period 9:40-11:10	10:05-10:15-Passing	2nd Period 9:40-11:10	10:05-10:15-Passing
3rd Period 10:15-11:00		Academy 10:15-11:10	Academy 9:40-11:10	Academy 10:15-11:10
11:00-11:10-Brunch	11:10-11:15-Brunch	11:10-11:15-Brunch	11:10-11:15-Brunch	11:10-11:15-Brunch
11:10-11:15-Passing	11:15-11:25-Passing	11:15-11:25-Passing	11:15-11:25-Passing	11:15-11:25-Passing
4th Period 11:15-12:00	3rd Period 11:25-12:55	5th Period 11:25-12:55	3rd Period 11:25-12:55	5th Period 11:25-12:55
12:00-12:05-Passing				
5th Period 12:05-12:50	12:55-1:25-Lunch	12:55-1:25-Lunch	12:55-1:25-Lunch	12:55-1:25-Lunch
12:50-1:25-Lunch				
1:25-1:30-Passing	1:25-1:35 - Passing	1:25-1:35 - Passing	1:25-1:35 - Passing	1:25-1:35 - Passing
6th Period 1:30-2:15	7th Period 1:35-3:05	6th Period 1:35-3:05	7th Period 1:35-3:05	6th Period 1:35-3:05
2:15-2:20-Passing				
7th Period 2:20-3:05				

8th Graders Choosing Freshman Classes

ACALANES



High School

GRADE 9

Student Name _____ ID Number _____ Current School _____

(Please print) FIRST LAST

INSTRUCTIONS FOR COURSE REGISTRATION 2022-2023

Guidelines for Selecting a Course

Please review the information in the Course Catalog and the course descriptions prior to signing up for a particular course. Additionally, you are encouraged to consider the following course selection guidelines when planning an overall schedule.

1. **Graduation Requirements.** Carefully check the AUHSD graduation requirements.
2. **College Entrance Requirements.** Look for courses required by many colleges and universities.
3. **Your interests.** Look for courses which might have relevance or interest to you.
4. **Overall course schedule.** Examine the overall rigor of selected classes.
5. **Parent approval.** Talk to your parents about your course choices.
6. **Teacher recommendation.** Talk to your teachers to determine appropriate course selection.

Instructions for Course Registration

1. Print your name in the space provided above. This form is a worksheet to select courses **BEFORE** you enter them into PASS Portal.
2. You must sign up for at least six (6) courses; however, you may request seven (7). Review the courses available for your grade level on the back.
3. List your requested courses in the spaces provided on the back of this form. In addition, you **MUST** list an alternate course in case your first choice is not available. Required courses will already be listed.

Online Registration

1. Click on: "PASS Portal" link found under the school's "Quick Links" website menu.
2. Use your "auhdschools.org" email and password (provided in your registration folder).
3. Once logged in, select "Classes" then "Course Request Entry".
4. From "Filter Courses" select a Subject Area and your desired course.
5. Confirm selection when prompted. You may cancel your selection at this time.
6. The course will be added to the left column and an "Add Alternate" option will now be available.
7. To make an alternate course selection, select "Add Alternate" and select the appropriate Subject Area. Not selecting an alternate course may delay your course selection process as you will be asked to do so at a later time.
8. Change the Subject Area to make additional course selections to complete your requested schedule.

Please return signed sheet to your Middle School Guidance Office by
February 1, 2022

Student Name _____ ID Number _____

(Please print) FIRST LAST

You must enter your classes in the Aeries portal for online registration using the instructions on the front page and complete the form below.

Course #	Course Title	
	REQUIRED	
1	English 1	
2	World History, Culture & Geography	
3	The Living Earth (formerly Biology)	
4	PE 9	
	SELECTED COURSE	Alternate
5	(Math)	
6		
7		

Student Signature _____

Parent Signature _____

Grade 9 Course Titles By Subject Area

*For a full listing of courses at all grade levels, please see the 2022-2023 Course Catalog.

Career Technical Education

Wood Technology

English

English 1

Public Speaking/ Creative Writing

English Language Development (ELD)

Math

Algebra A

Algebra 1

Geometry

Geometry Advanced

*For other math choices please see counselor for approval

Physical Education

PE 9

Science

The Living Earth (formerly Biology)

Social Science

World History/Geography

Special Education

Essential Skills

Learning Skills

Visual and Performing Arts

Art 1

3D Art 1

Photo Digital Design

Digital Design 1

Video Production 1

Drama 1

Choral Performance 1 (Chorale)

Concert Band

Jazz Ensemble (Audition)

Orchestra

Symphonic Band (Audition)

World Language

French 1

French 2

Mandarin 1

Mandarin 2

Spanish 1

Spanish 2

*For other language choices please see counselor for approval

Inter Disciplinary

Leadership (Students must follow AHS Selection Process)

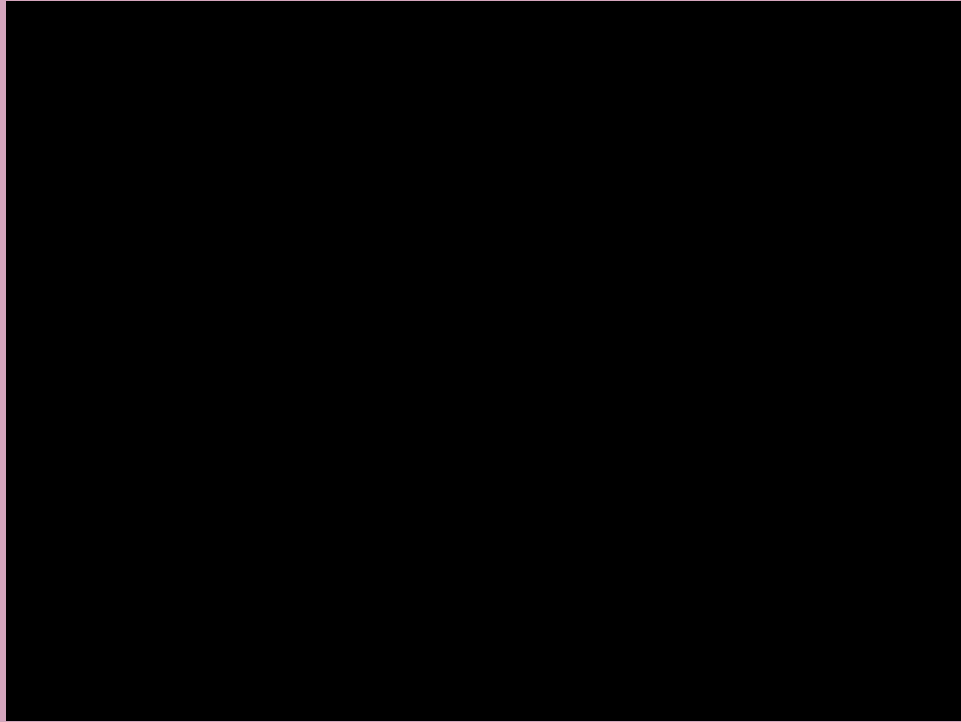
Off Campus Period 1 (No Credit)

Off Campus Period 7 (No Credit)

Things to Consider...

- All 9th graders take English 1, PE 9, World History and Living Earth (Biology).
- Your math class will be entered for you online on Aeries based on math teacher recommendations. If you have questions, talk to your Acalanes counselor.
- For your 6th and 7th classes, students may choose from those available. Many students take a world language. Many students also take a Visual/Performing art in 9th grade since it is both a graduation and a college requirement.

Video demo of Aeries



Time Management Tools

Time Management Activity

FILL THIS OUT FOR YOUR **BUSIEST** SEMESTER

School Activities	Average Hours/ Week
School (5 days x 7 hours)	35
Course Title	
English:	
Social Studies:	
Math:	
Science:	
Language:	
Electives:	
total school hours:	

Extra-Curricular Activities	Average Hours/ Week
Paid Job	
Hobbies / Interests	
Community Service	
Sports/exercise	
Music / Performances	
total extra-curricular hours:	

Daily Living Activities	Average Hours/ Week
Sleep (7 days x 9 hours)	
Necessities (eating, showering, chores, etc.)	
Family Time	
Personal time	
Social time with friends	
total daily living hours:	

Total Hours	Available Hours/Week
School Hours = _____	Maximum Hours
Extra-Curricular Hours = _____	
Daily Living Hours = _____	
your total hours: <input type="text"/> vs.	
	168

**ACALANES HIGH SCHOOL
PRELIMINARY 4-YEAR PLAN**

Student Name: _____ Class of: 20_____

Graduation Requirements *	Credits	UC & CSU A-G requirements **	Years
History/Social Science <small>(World History, US History & US Gov't/Econ)</small>	30	"a" History/Social Science	2 years
English	40	"b" English	4 years
Mathematics <small>(Min Algebra 1 plus 2 semesters beyond)</small>	30	"c" Mathematics <small>(must include Algebra 2 or higher)</small>	3 years
Science <small>1 life science and 1 physical science</small>	20	"d" Science <small>At least 1 life science and 1 physical science with labs</small>	2 years
World Language or Tech Ed <small>(10 credits each in 2 different areas)</small>	20	"e" World Language	2 years
Visual or Performing Art (VPA)	10	"f" VPA	1 year
Electives	65	"g" College Prep Elective	1 year
Human & Social Development	5		
Physical Education (PE) <small>10 credits PE 9 required. Additional 10 credits can be combo of PE class and athletic PE</small>	20		
Total Credits	240	Minimum of 15 year-long courses	

**High school credits earned by passing course with a grade "D" or higher.*

*** College requirements are met by earning a "C" or better in courses. UC and CSU have competitive application processes. These classes plus ACT or SAT are the minimum eligibility requirements.*

Grade 9	Grade 10	Grade 11	Grade 12
English 1	English 2	English 3	English 4
World Hist/Geog	Human & Social Dev.	US History	US Govt/Econ
Math	Math	Math	>
Living Earth	Chemistry of the Earth	>physics recommended	>
PE	>	>	>
>	>	>	>
>	>	>	>
Total: 60-70 credits	Total: 60-70 credits	Total: 60-70 credits	Total: 60-70 credits

Notes and Questions:

4 Year Plan Worksheet

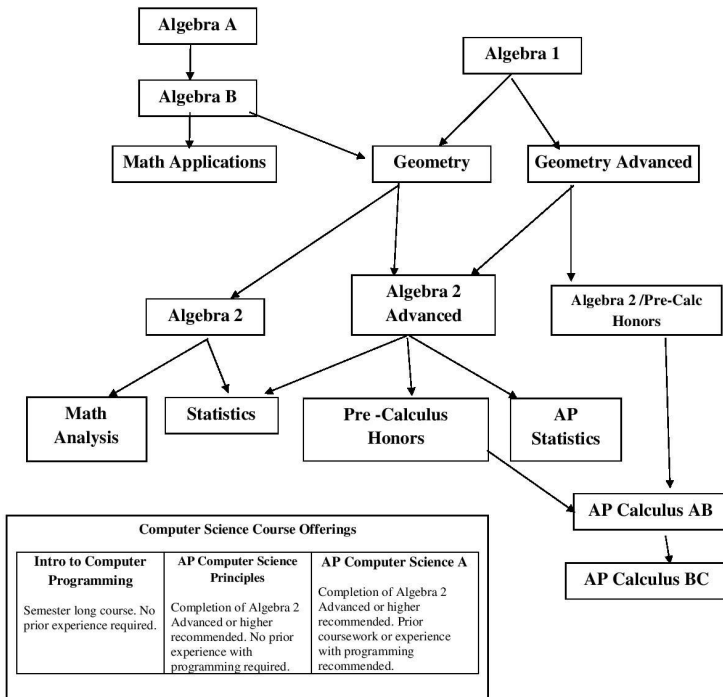
Acalanes High School

Quick Reference for math pathways

These are the most commonly recommended pathways.

Students seeking alternative pathways should consult with a math teacher and a counselor.

See the District course catalog for course descriptions.



Do This Next:

- Take home folder and make sure your parents see it.
- Discuss your class selections with your parents.
- Parents need to fill out the enrollment paperwork in the folder.
- **January 27** Virtual Open House and course preview night at Acalanes. Videos about electives will be posted.
- **Jan 31 Deadline** to enter courses in Aeries and turn in forms at Stanley.
- **Optional:** Schedule a meeting with your Acalanes counselor in February or March. See instructions in your folder.

WELCOME TO



Welcome
Class of
2026!
Principal
Eric
Shawn

TAKE A VAPA or CTE COURSE

